

PRE-SURGERY/PRE-PROCEDURE INSTRUCTIONS

Please notify your doctor immediately if you suspect you are pregnant or you experience any changes in your health.

At Home:

- Do not eat or drink anything after midnight the night before your surgery/procedure, including gum, mints, or candy, *unless directed otherwise by your doctor.*
- You may brush your teeth or rinse your mouth, but spit out all of the liquid.
- Take a bath or shower the morning of your surgery/procedure, but do NOT use any powder, lotion, deodorant, perfume, aftershave or makeup.
- If your doctor has given you specific instructions about taking your medications on the day of your surgery/procedure, follow those instructions carefully.
- Please wear loose clothing you can put on easily and will fit comfortably over the operative site. (Ex: Button-down shirt/blouse for face & upper body procedures; no thong underwear for GYN procedures; loose above-the-knee shorts with no metal for lower body procedures)
- Bring an adult family member or friend (must be 18 years of age or older) to drive you home after your surgery/ procedure. You must have an adult care giver with you for the first 24 hours after your surgery/procedure, unless you receive a **local anesthetic only.**
- Please remove and leave at home all body piercing jewelry, other jewelry, contact lenses, and extra cash . You may wear your glasses.
- If the patient is a child, we encourage you to bring a comfort item and a bottle with formula or milk, if needed. Parents or Guardians with a child under 18 years old **must** remain in the surgery center at all times while the child is in the center.
- Minors **must** be accompanied by a parent or guardian (proof may be required). In the case of guardianship, you **must** bring legal documentation with you.
- If someone holds a medical Power of Attorney for the patient having surgery or a procedure, they **must** bring that legal documentation with them.

Arrival/Registration

- Please arrive promptly at the time given to you by your doctor's office. This time is approximately 1 1/2 hours prior to your procedure, and is necessary so that the staff can prepare you for your surgery/procedure.
- The admitting clerk will greet you and complete your insurance information.
- If your insurance provider requires a co-payment or deductible, you will be required to pay it at this time. Please see below for more information.
- A staff member will fasten an ID bracelet around your wrist. You will be asked to verify that your name, your surgeon's name and your birthday are correct.

Pre-Op Area

- After you have registered at the reception desk, one of our nurses will spend time with you to answer your questions and prepare you for your surgery/procedure.
- You will be asked to change into a gown, cap and paper slippers.
- Your clothing and personal belongings will be given to your family member or friend for safekeeping or securely stored throughout your visit to the surgery center.
- Many surgeries/procedures require IVs and monitoring leads. For adults, we usually attach these in Pre-Op, but if the patient is very young, we may wait until the operating room to place them.

Fees/ Insurance/ Payment

- ❑ **Fees**: A facility fee is charged for each surgery performed. This fee includes all of the costs related to the use of the center for your surgery. You will receive a separate bill from your surgeon, anesthesiologist and any other professional services you receive while at the surgery center (i.e. radiology, pathology).
- ❑ **Insurance**: Banner Surgery Centers accept most major commercial insurances, HMO/PPO plans, Medicare, AHCCS, and Workers Compensation. You must pay all co-payments and/or deductibles on the day of surgery. We will bill your insurance company as a courtesy; however, any balance due is your responsibility. Payment will be requested from you if reimbursement from your insurance company is not received within 60 days.
- ❑ **Payment**: If you have no health insurance, or this is an elective procedure, you must pay the facility fee and anesthesiologist's fee on the day of surgery. For your convenience, we accept Visa, MasterCard, Discover, American Express, cashier's check and cash.